

Republic of the Philippines  
Department of Health  
NATIONAL NUTRITION COUNCIL

**OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results**

*Revised February 2012* Page 1 of 4

Region XI Total No.: Province 5 City 6 Year January- March 2018  
Total No.with OPT Plus Results: Province 5 City 6 Indigenous Group/s: Kaulo, Manobo, Bagobo, Kalagan, B'laan, Sama, Davaweño,  
Dibabawon, Kamayo, Manguangan, Mansaka, Ati, Samalnon, T'boli, Subanon, Mamanwa,  
Number of Indigenous PS measured: 0-59 mos old 3, 111 0-71 mos old 4,302

Please Check:

☐ Normal Weight-for-Age ☒ Normal Length/Height-for-Age ☐ Normal Weight-for-Length/Height

| Province/City<br>(1)           | Estimated No.<br>of 0-59 mos old<br>PS<br>(2) | Total No of<br>0-59 mos old<br>PS measured<br>(3) | Total Number of Children |               |               |               |               |               |               |               |               |               |               |               |               |              |               |
|--------------------------------|-----------------------------------------------|---------------------------------------------------|--------------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|--------------|---------------|
|                                |                                               |                                                   | Coverage<br>%            | 0-5 months    |               | 6-11 months   |               | 12-23 months  |               | 24-35 months  |               | 36-47 months  |               | 48-59 months  |               | 60-71 months |               |
|                                |                                               |                                                   |                          | Boys<br>(4)   | Girls<br>(5)  | Boys<br>(6)   | Girls<br>(7)  | Boys<br>(8)   | Girls<br>(9)  | Boys<br>(10)  | Girls<br>(11) | Boys<br>(12)  | Girls<br>(13) | Boys<br>(14)  | Girls<br>(15) | Boys<br>(16) | Girls<br>(17) |
| Davao City                     | 233,317                                       | 196,953                                           | 84.41%                   | 8,289         | 7,930         | 8,794         | 8,460         | 18,230        | 17,770        | 19,951        | 19,134        | 21,046        | 20,137        | 24,078        | 23,134        |              |               |
| Digos City                     | 24,202                                        | 14,970                                            | 61.85%                   | 837           | 808           | 744           | 675           | 1473          | 1432          | 1529          | 1452          | 1569          | 1411          | 1618          | 1422          |              |               |
| Island Garden City of<br>Samal | 15,205                                        | 9,840                                             | 64.71%                   | 503           | 485           | 426           | 402           | 976           | 943           | 1043          | 926           | 1078          | 977           | 1082          | 999           |              |               |
| Mati City                      | 20,766                                        | 12,023                                            | 57.90%                   | 573           | 534           | 524           | 478           | 1,201         | 1,202         | 1,276         | 1,113         | 1,299         | 1,211         | 1,320         | 1,292         |              |               |
| Panabo City                    | 26,957                                        | 16,318                                            | 60. 53%                  | 605           | 587           | 678           | 653           | 1,639         | 1,510         | 1,682         | 1,666         | 1,858         | 1,793         | 1,885         | 1,762         |              |               |
| Tagum City                     | 37,887                                        | 31,093                                            | 82.07%                   | 1,559         | 1,477         | 1,422         | 1,263         | 3,004         | 2,926         | 3,265         | 2,821         | 3,293         | 3,085         | 3,580         | 3,398         |              |               |
| Compostela Valley              | 108,919                                       | 70,843                                            | 65.04%                   | 3,123         | 3,037         | 3,197         | 3,052         | 6,941         | 6,484         | 7,305         | 6,867         | 7,781         | 7,226         | 8,244         | 7,586         |              |               |
| Davao del Norte                | 148,416                                       | 101,208                                           | 68.19%                   | 4,548         | 4,348         | 4,397         | 4,017         | 9,876         | 9,386         | 10,620        | 9,843         | 11,208        | 10,527        | 11,524        | 10,914        |              |               |
| Davao del Sur                  | 90,383                                        | 53,351                                            | 59.03%                   | 2,818         | 2,758         | 2,527         | 2,322         | 5,174         | 5,081         | 5,610         | 5,322         | 5,560         | 5,171         | 5,758         | 5,250         |              |               |
| Davao Occidental               | 45,198                                        | 24,089                                            | 53.30%                   | 1,106         | 1,080         | 1,043         | 1,035         | 2,229         | 2,183         | 2,421         | 2,517         | 2,596         | 2,588         | 2,731         | 2,560         |              |               |
| Davao Oriental                 | 82,238                                        | 52,243                                            | 63.52%                   | 2,628         | 2,504         | 2,157         | 2,008         | 5,136         | 5,001         | 5,448         | 5,035         | 5,659         | 5,405         | 5,756         | 5,506         |              |               |
| <b>TOTAL</b>                   | <b>708,471</b>                                | <b>498,687</b>                                    | <b>70.39%</b>            | <b>22,512</b> | <b>21,657</b> | <b>22,115</b> | <b>20,894</b> | <b>47,586</b> | <b>45,905</b> | <b>51,355</b> | <b>48,718</b> | <b>53,850</b> | <b>51,054</b> | <b>58,091</b> | <b>54,950</b> |              |               |

Note: Only Davao City and the five (5) Provinces are accounted for in the total. The rest of the cities are included in their respective provinces.

Prepared by

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Nutrition Program Coordinator National Nutrition Council XI

Noted: **ANNABELLE P. YUMANG, MD, MCH, CESE**  
Chairperson, Regional Nutrition Committee

Date: December 06, 2018

Date: December 06, 2018

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**OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results**

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Region XI Total No.: Province 5 City 6 Period of Weighing January- March 2018  
 Total No.with OPT Plus Results: Province 5City 6 Indigenous Group/s: Kaulo, Manobo, Bagobo, Kalagan, B'laan, Sama, Davaweño,  
Dibabawon, Kamayo, Mangguangan, Mansaka, Ati, Samalnon, T'boli, Subanon, Mamanwa,  
 Please Check: Number of Indigenous PS measured: 0-59 mos old 3,111 0-71 mos old 4,302

☐

**Underweight Weight-for-Age**

☒

**Stunted Length/Height-for-Age**

☐

**Wasted Weight-for-Length/Height**

| Province/City<br>(1)           | Estimated No.<br>of 0-59 mos old<br>PS<br>(2) | Total No of<br>0-59 mos old<br>PS measured<br>(3) | Total Number of Children |             |              |             |              |              |              |              |               |              |               |              |               |              |               |
|--------------------------------|-----------------------------------------------|---------------------------------------------------|--------------------------|-------------|--------------|-------------|--------------|--------------|--------------|--------------|---------------|--------------|---------------|--------------|---------------|--------------|---------------|
|                                |                                               |                                                   | Coverage<br>%            | 0-5 months  |              | 6-11 months |              | 12-23 months |              | 24-35 months |               | 36-47 months |               | 48-59 months |               | 60-71 months |               |
|                                |                                               |                                                   |                          | Boys<br>(4) | Girls<br>(5) | Boys<br>(6) | Girls<br>(7) | Boys<br>(8)  | Girls<br>(9) | Boys<br>(10) | Girls<br>(11) | Boys<br>(12) | Girls<br>(13) | Boys<br>(14) | Girls<br>(15) | Boys<br>(16) | Girls<br>(17) |
| Davao City                     | 233,317                                       | 9,230                                             | 3.96%                    | 186         | 130          | 329         | 215          | 963          | 808          | 1,092        | 929           | 1,158        | 1,075         | 1,191        | 1,154         |              |               |
| Digos City                     | 24,202                                        | 898                                               | 3.71%                    | 16          | 7            | 29          | 27           | 138          | 60           | 116          | 73            | 124          | 113           | 104          | 91            |              |               |
| Island Garden City of<br>Samal | 15,205                                        | 517                                               | 3.40%                    | 5           | 7            | 8           | 5            | 48           | 38           | 61           | 53            | 77           | 72            | 84           | 59            |              |               |
| Mati City                      | 20,766                                        | 1,130                                             | 5.40%                    | 36          | 18           | 35          | 32           | 120          | 76           | 143          | 108           | 154          | 135           | 134          | 139           |              |               |
| Panabo City                    | 26,957                                        | 1,443                                             | 5.35%                    | 28          | 23           | 51          | 38           | 198          | 154          | 211          | 168           | 147          | 158           | 129          | 138           |              |               |
| Tagum City                     | 37,887                                        | 879                                               | 2.32%                    | 13          | 7            | 28          | 18           | 105          | 82           | 92           | 84            | 114          | 117           | 105          | 114           |              |               |
| Compostela Valley              | 108,919                                       | 5,433                                             | 4.98%                    | 85          | 72           | 167         | 104          | 589          | 473          | 636          | 576           | 693          | 688           | 697          | 653           |              |               |
| Davao del Norte                | 148,416                                       | 6,310                                             | 4.25%                    | 109         | 86           | 187         | 118          | 723          | 551          | 842          | 637           | 806          | 763           | 766          | 722           |              |               |
| Davao del Sur                  | 90,383                                        | 4,675                                             | 5.17%                    | 95          | 66           | 140         | 122          | 543          | 345          | 582          | 428           | 614          | 576           | 598          | 566           |              |               |
| Davao Occidental               | 45,198                                        | 3,868                                             | 8.56%                    | 79          | 75           | 117         | 80           | 352          | 289          | 491          | 395           | 483          | 477           | 547          | 483           |              |               |
| Davao Oriental                 | 82,238                                        | 5,525                                             | 6.70%                    | 129         | 57           | 156         | 112          | 565          | 372          | 644          | 559           | 762          | 670           | 779          | 720           |              |               |
| <b>TOTAL</b>                   | <b>708,471</b>                                | <b>35,041</b>                                     | <b>4.95%</b>             | <b>683</b>  | <b>486</b>   | <b>1096</b> | <b>751</b>   | <b>3735</b>  | <b>2838</b>  | <b>4287</b>  | <b>3524</b>   | <b>4516</b>  | <b>4249</b>   | <b>4578</b>  | <b>4298</b>   |              |               |

Note: Only Davao City and the five (5) Provinces are accounted for in the total. The rest of the cities are included in their respective provinces.

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Noted: **ANNABELLE P. YUMANG, MD, MCH, CESE**  
Chairperson, Regional Nutrition Committee

Date: December 06, 2018

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**OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results**

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Region XI Total No.: Province 5 City 6 Period of Weighing January- March 2018  
 Total No.with OPT Plus Results: Province 5 City 6 Indigenous Group/s: Kaulo, Manobo, Bagobo, Kalagan, B'laan, Sama, Davaweño, Dibabawon, Kamayo, Mangguangan, Mansaka, Ati, Samalnon, T'boli, Subanon, Mamanwa,  
 Please Check: Number of Indigenous PS measured: 0-59 mos old 3,111 0-71 mos old 4,302

☐ **Sev. UW Weight-for-Age** ☒ **Sev. Stunted Length/Height-for-Age** ☐ **Sev. Wasted Weight-for-Length/Height**

| Province/City<br>(1)           | Estimated No.<br>of 0-59 mos old<br>PS<br>(2) | Total No of<br>0-59 mos old<br>PS measured<br>(3) | Total Number of Children |             |              |             |              |              |              |              |               |              |               |              |               |              |               |
|--------------------------------|-----------------------------------------------|---------------------------------------------------|--------------------------|-------------|--------------|-------------|--------------|--------------|--------------|--------------|---------------|--------------|---------------|--------------|---------------|--------------|---------------|
|                                |                                               |                                                   | Coverage<br>%            | 0-5 months  |              | 6-11 months |              | 12-23 months |              | 24-35 months |               | 36-47 months |               | 48-59 months |               | 60-71 months |               |
|                                |                                               |                                                   |                          | Boys<br>(4) | Girls<br>(5) | Boys<br>(6) | Girls<br>(7) | Boys<br>(8)  | Girls<br>(9) | Boys<br>(10) | Girls<br>(11) | Boys<br>(12) | Girls<br>(13) | Boys<br>(14) | Girls<br>(15) | Boys<br>(16) | Girls<br>(17) |
| Davao City                     | 233,317                                       | 2,129                                             | 0.91%                    | 39          | 34           | 68          | 54           | 307          | 193          | 288          | 206           | 269          | 224           | 225          | 222           |              |               |
| Digos City                     | 24,202                                        | 194                                               | 0.80%                    | 4           | 2            | 4           | 3            | 37           | 13           | 34           | 24            | 18           | 18            | 18           | 19            |              |               |
| Island Garden City of<br>Samal | 15,205                                        | 95                                                | 0.62%                    | 2           | 1            | 1           | 0            | 11           | 12           | 12           | 11            | 12           | 3             | 19           | 11            |              |               |
| Mati City                      | 20,766                                        | 304                                               | 1.50%                    | 13          | 6            | 16          | 6            | 36           | 23           | 43           | 33            | 38           | 34            | 27           | 29            |              |               |
| Panabo City                    | 26,957                                        | 392                                               | 1.45%                    | 21          | 17           | 34          | 18           | 80           | 43           | 39           | 26            | 36           | 22            | 32           | 24            |              |               |
| Tagum City                     | 37,887                                        | 271                                               | 0.72%                    | 7           | 2            | 8           | 9            | 29           | 24           | 32           | 28            | 32           | 31            | 37           | 32            |              |               |
| Compostela Valley              | 108,919                                       | 1,414                                             | 1.30%                    | 33          | 23           | 41          | 27           | 175          | 148          | 178          | 146           | 176          | 170           | 164          | 133           |              |               |
| Davao del Norte                | 148,416                                       | 1,919                                             | 1.29%                    | 69          | 49           | 92          | 71           | 282          | 193          | 223          | 165           | 196          | 181           | 215          | 183           |              |               |
| Davao del Sur                  | 90,383                                        | 1,309                                             | 1.45%                    | 42          | 25           | 55          | 33           | 204          | 130          | 163          | 121           | 156          | 130           | 140          | 110           |              |               |
| Davao Occidental               | 45,198                                        | 2,049                                             | 4.53%                    | 52          | 51           | 54          | 42           | 258          | 187          | 271          | 237           | 264          | 213           | 224          | 196           |              |               |
| Davao Oriental                 | 82,238                                        | 1,617                                             | 1.97%                    | 51          | 24           | 60          | 36           | 205          | 132          | 208          | 163           | 203          | 184           | 176          | 175           |              |               |
| <b>TOTAL</b>                   | <b>708,471</b>                                | <b>10,437</b>                                     | <b>1.47%</b>             | <b>286</b>  | <b>206</b>   | <b>370</b>  | <b>263</b>   | <b>1431</b>  | <b>983</b>   | <b>1331</b>  | <b>1038</b>   | <b>1264</b>  | <b>1102</b>   | <b>1144</b>  | <b>1019</b>   |              |               |

Note: Only Davao City and the five (5) Provinces are accounted for in the total. The rest of the cities are included in their respective provinces.

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Region XI Total No.: Province 5 City 6 Period of Weighing January- March 2018  
 Total No.with OPT Plus Results: Province 5 City 6 Indigenous Group/s: Kaulo, Manobo, Bagobo, Kalagan, B'laan, Sama, Davaweño,  
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 Number of Indigenous PS measured: 0-59 mos old 3, 111 0-71 mos old 4,302

Please check: ☐ Overweight Weight-for-Age ☒ Tall Length/Height-for-Age ☐ Overweight Weight-for-Length<sup>1/</sup>/Height<sup>2/</sup> ☐ Obese Weight-for-Length<sup>1/</sup>/Height<sup>2/</sup>

| Province/City<br>(1)           | Estimated No.<br>of 0-59 mos old<br>PS<br>(2) | Total No of<br>0-59 mos old<br>PS measured<br>(3) | Total Number of Children |             |              |             |              |              |              |              |               |              |               |              |               |              |               |
|--------------------------------|-----------------------------------------------|---------------------------------------------------|--------------------------|-------------|--------------|-------------|--------------|--------------|--------------|--------------|---------------|--------------|---------------|--------------|---------------|--------------|---------------|
|                                |                                               |                                                   | Coverage<br>%            | 0-5 months  |              | 6-11 months |              | 12-23 months |              | 24-35 months |               | 36-47 months |               | 48-59 months |               | 60-71 months |               |
|                                |                                               |                                                   |                          | Boys<br>(4) | Girls<br>(5) | Boys<br>(6) | Girls<br>(7) | Boys<br>(8)  | Girls<br>(9) | Boys<br>(10) | Girls<br>(11) | Boys<br>(12) | Girls<br>(13) | Boys<br>(14) | Girls<br>(15) | Boys<br>(16) | Girls<br>(17) |
| Davao City                     | 233,317                                       | 1,544                                             | 0.66%                    | 181         | 187          | 103         | 137          | 191          | 205          | 127          | 131           | 95           | 73            | 59           | 55            |              |               |
| Digos City                     | 24,202                                        | 485                                               | 2.00%                    | 54          | 44           | 42          | 34           | 87           | 58           | 38           | 40            | 32           | 17            | 24           | 15            |              |               |
| Island Garden City of<br>Samal | 15,205                                        | 99                                                | 0.65%                    | 19          | 16           | 10          | 4            | 15           | 11           | 6            | 7             | 2            | 8             | 0            | 1             |              |               |
| Mati City                      | 20,766                                        | 138                                               | 0.60%                    | 20          | 25           | 16          | 15           | 18           | 19           | 7            | 5             | 8            | 4             | 1            | 0             |              |               |
| Panabo City                    | 26,957                                        | 342                                               | 1.27%                    | 43          | 40           | 25          | 27           | 41           | 46           | 35           | 44            | 11           | 19            | 8            | 3             |              |               |
| Tagum City                     | 37,887                                        | 354                                               | 0.93%                    | 42          | 50           | 24          | 29           | 41           | 38           | 24           | 40            | 13           | 18            | 31           | 4             |              |               |
| Compostela Valley              | 108,919                                       | 760                                               | 0.70%                    | 106         | 97           | 52          | 50           | 113          | 129          | 61           | 81            | 35           | 18            | 10           | 8             |              |               |
| Davao del Norte                | 148,416                                       | 2,525                                             | 1.70%                    | 339         | 349          | 195         | 199          | 369          | 346          | 240          | 234           | 82           | 99            | 59           | 14            |              |               |
| Davao del Sur                  | 90,383                                        | 1,802                                             | 1.99%                    | 271         | 232          | 151         | 144          | 281          | 217          | 138          | 143           | 85           | 46            | 57           | 37            |              |               |
| Davao Occidental               | 45,198                                        | 811                                               | 1.79%                    | 111         | 98           | 73          | 79           | 132          | 98           | 69           | 74            | 22           | 20            | 22           | 13            |              |               |
| Davao Oriental                 | 82,238                                        | 1,477                                             | 1.80%                    | 238         | 243          | 146         | 134          | 224          | 194          | 106          | 98            | 45           | 33            | 10           | 6             |              |               |
| <b>TOTAL</b>                   | <b>708,471</b>                                | <b>8,919</b>                                      | <b>1.26%</b>             | <b>1246</b> | <b>1206</b>  | <b>720</b>  | <b>743</b>   | <b>1310</b>  | <b>1189</b>  | <b>741</b>   | <b>761</b>    | <b>364</b>   | <b>289</b>    | <b>217</b>   | <b>133</b>    |              |               |

Note: Only Davao City and the five (5) Provinces are accounted for in the total. The rest of the cities are included in their respective provinces.

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